

# GASTRONOMIC DISCOVERIES

## 2006 PROGRAMME

### L - FRANCE

#### 1. DISCOVER A CITY... LIKE

##### *1.1. Paris*

#### **AROUND AN OUTDOOR MARKET, 200€ per person**

- **AROUND FAUBOURG ST-ANTOINE (Paris XII).** Private visit of the outdoor market Aligre, the aging cellar ANDROUET and the bakery L'AUTRE BOULANGE : selection of daily products to prepare, taste and enjoy a lunch in the friendly atmosphere of the atelier A LA CARTE :
  - starter/main course/dessert of the DAY,
  - seasonal cheese assortment from the aging cellar of ANDROUET and organic bread selection of the bakery L'AUTRE BOULANGE,
  - coffe, tea, herbal tea and chocolates from JP HEVIN,
  - selection of 1 bottle of Champagne and 2 bottles of wine (the Loire and Bordeaux) in harmony with the selected menu.
- **AROUND RUE OBERKAMPF (Paris XI).** Private visit of the outdoor market Popincourt and professionals selling cooking equipment (PARIS I): selection of daily products to prepare, taste and enjoy a lunch in the friendly atmosphere of the atelier A LA CARTE :
  - starter/main course/dessert of the DAY,
  - seasonal cheese assortment from the aging cellar of LAURENT DUBOIS and organic bread selection of the bakery L'AUTRE BOULANGE,
  - coffe, tea, herbal tea and chocolates from JP HEVIN,
  - selection of 1 bottle of Champagne and 2 bottles of wine (Burgundy) in harmony with the selected menu.
- **AROUND RUE PONCELET (Paris XVII).** Private visit of the outdoor market Poncelet and special oil tasting at LA MAISON DE L'OLIVE: selection of daily products to prepare, taste and enjoy a lunch in the friendly atmosphere of the atelier A LA CARTE :
  - starter/main course/dessert of the DAY,
  - seasonal cheese assortment from the aging cellar ALLEOSSE and organic bread selection of the bakery L'AUTRE BOULANGE,
  - coffe, tea, herbal tea and chocolates from JP HEVIN,
  - selection of 1 bottle of Champagne and 2 bottles of wine (East and Languedoc-Roussillon) in harmony with the selected menu.

### **OTHER HALF DAY PROGRAMMES, starting from 200€ per person**

- Visit of the **ALIGRE** market, introduction to and tasting of different varieties of cheese at **ANDROUET** cheese shop, demonstration of fabrication techniques and tasting of various sorts of bread at **L'AUTRE BOULANGE** bakery.
- Visit of the **PICASSO** Museum before tasting and sorting of dishes and wines at **JULIEN CAVISTE** wine shop.
- Visit of culinary material suppliers (**DEHILLERIN, MORA, SIMON**, etc.), tea at the **CRILLON** hotel.
- Presentation and tasting of olive oils at **LA MAISON DE L'OLIVE**, lunch at **CAIUS'**.

### **ONE DAY PROGRAMME, starting from 300€ per person**

- Market at **BASTILLE**, cooking workshop at **A LA CARTE**, visit of gastronomic bookshops, tea at **MARIAGE FRERES**.
- Visit of the **RODIN** Museum, lunch at **L'AMI JEAN**, chocolate tasting at **LA MAISON DU CHOCOLAT**.

#### *1.2. And other typical French towns and villages*

Contact us for more details

## **2. DISCOVER A REGION... LIKE**

### *2.1. Brittany*

#### **4 DAYS PROGRAMME**

- Day 1 : Arrival in **BREST**. Visit of the **ABERS** (Brittany's fjords).
- Day 2 : Breakfast at **Michel IZARD**, "**LA MAISON DU BOULANGER**" (bakery), visit of **Yvon MADEC's** fishery at **PRAT-AR-COUM** et tasting of white oysters, visit of a goat cheese farm.
- Day 3 : visit of the **SEIN** island.
- Day 4 : visit of **l'ECOLE DES CREPIERS** (school for French pancake making), crêpe workshop , return to Paris **PARIS**.

#### *2.2. And other French regions (Pays de la Loire, Aquitaine, Provence, Rhône-Alpes, Alsace, etc.)*

Contact us for more details

## II - ITALY

### 1. DISCOVER A REGION... LIKE

#### *1.1. Chianti*

Contact us for more details